

# PHYSICAL APPEARANCE

Describe what you want your hair to look like?

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What physique do you want for yourself? :

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What do you want your smile to look?:

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How much weight do you want to lose or gain?:

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A decorative horizontal line with a repeating wavy pattern, rendered in a light blue color.

[illegible]

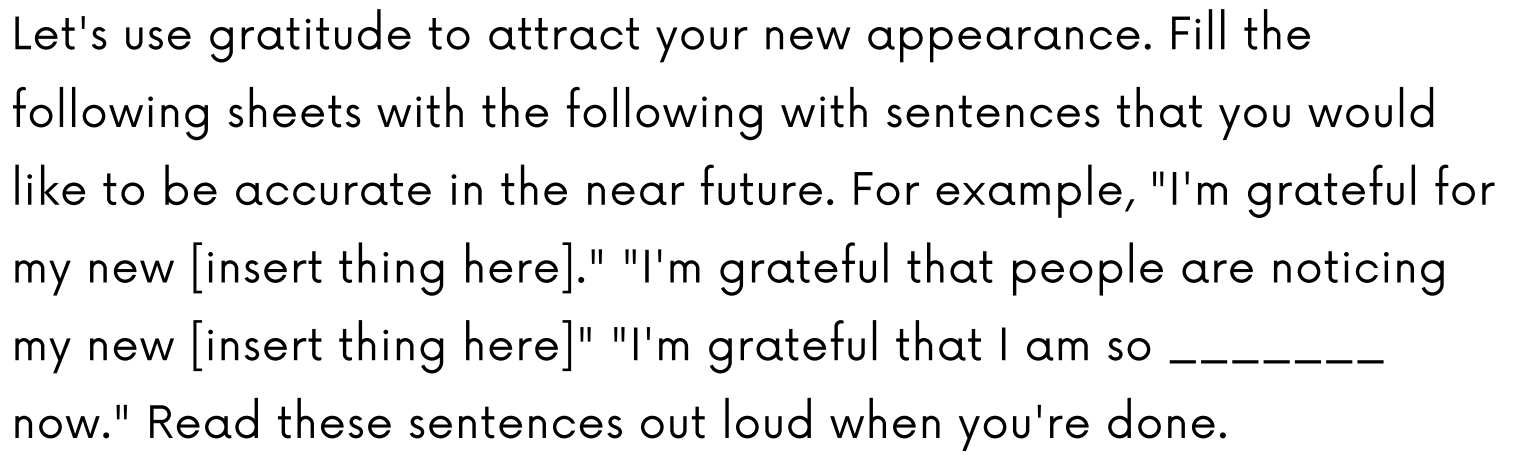
A series of red diagonal lines slanting upwards from left to right, spanning the width of the page.

[illegible]



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This image shows a full page of white paper with horizontal dashed lines, typical of primary-ruled notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Prepared exclusively for veblak4m@gmail.com Transaction: 0109381899

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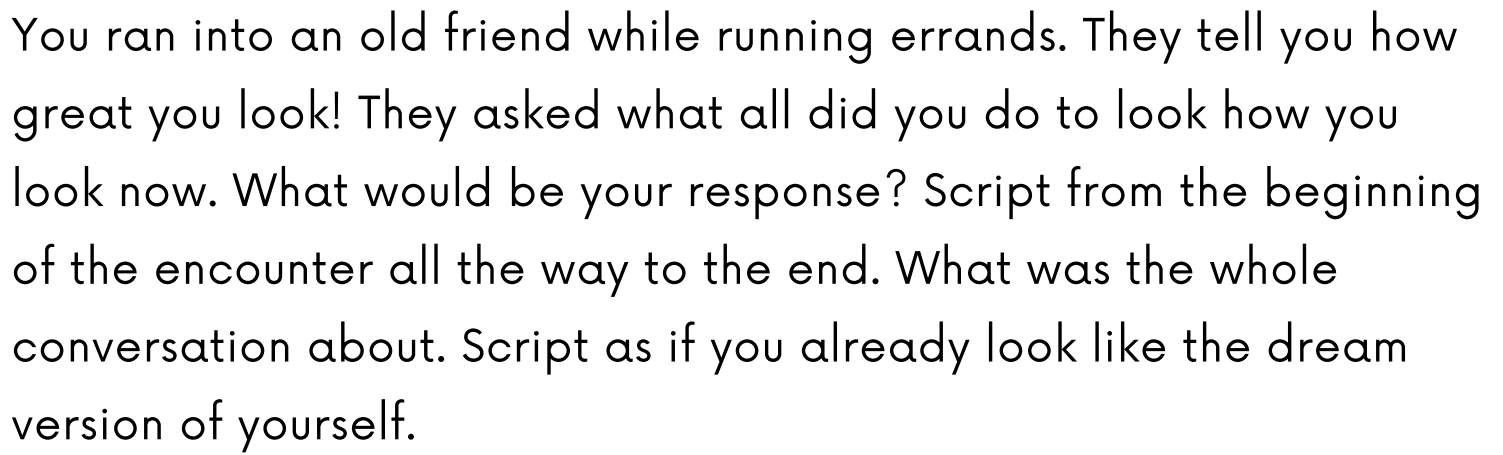
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[illegible][illegible]



If you could snap your fingers and become the new you right now. What would you look like at this moment?

This image shows a full page of primary-ruled paper. It features 20 horizontal dashed lines spaced evenly across the page, providing a guide for handwriting practice. The lines are black and set against a plain white background. There are no margins, text, or other markings on the page.



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This image shows a full page of handwriting practice paper. It features multiple sets of horizontal dashed lines spaced evenly down the page, providing a guide for letter height and placement. The background is white, and there are no margins or additional markings.



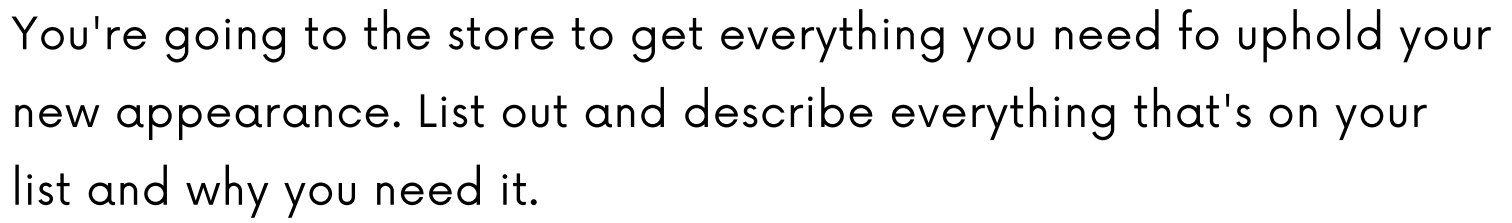
The law of attraction works best with the law of action and the law of expectation. You have a to-do list. Create a list of everything that you need to do to get to where you want to be.

1. \_\_\_\_\_  
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2. \_\_\_\_\_  
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3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_
6. \_\_\_\_\_  
\_\_\_\_\_
7. \_\_\_\_\_  
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8. \_\_\_\_\_  
\_\_\_\_\_
9. \_\_\_\_\_  
\_\_\_\_\_
10. \_\_\_\_\_  
\_\_\_\_\_
11. \_\_\_\_\_  
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12. \_\_\_\_\_  
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[illegible]

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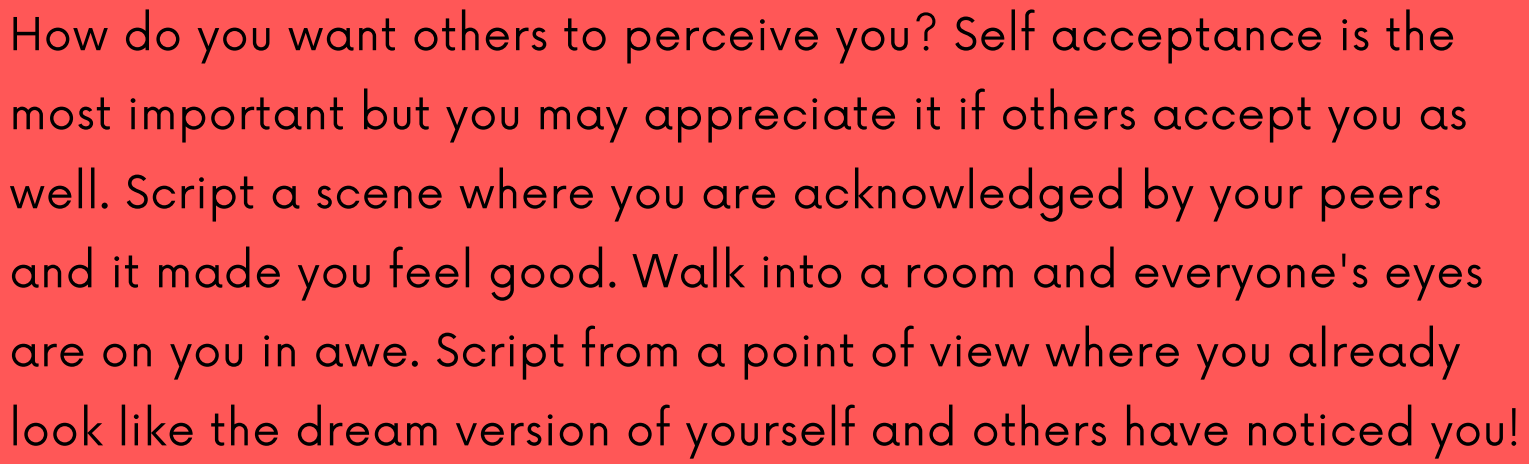


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Evolving into your best self requires self love. Talk about everything that you love about yourself. You can talk about your favorite things about your looks, your personality, your mannerisms, your intelligence, accomplishments, and more. Praise yourself like you have never praised yourself before.



[illegible]



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[illegible]



Now, get into a good feeling place and visualize everything you just scripted. It's recommended that you do this right before bed. Visualize your appearance, your personality, meeting new people, your peers loving your new look, receiving a ton of attention, and more! Rewrite your story and watch the universe does for you. Have fun with it! The law of attraction is supposed to F U N.

Keep in mind that in order to receive a new appearance, you have to take action as well. Start with the main thing that you would like to change and go from there.

Tell the universe, "I am everything that I want to be and more. I love all of the changes that I have made to myself. My favorite change that I have done is \_\_\_\_\_. I love how I look and more. I love my hair because \_\_\_\_\_. I love my skin because \_\_\_\_\_. I love my figure because \_\_\_\_\_. I am unique because \_\_\_\_\_. I love my smile because \_\_\_\_\_. I love my style because \_\_\_\_\_."

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