

DPH Georgia WIC

Family Shopping List



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As of: May 09, 2023 11:43 AM Clinic#: 031486

Head of Household Name: Alexandra Onwu Household ID#: 1500490

Your WIC foods for April 21, 2023 to May 20, 2023 are:

Emmanuel ID#: 300999941 Cert End Date: Dec 8 2023, Christian ID#: 100896881 Cert End Date: Mar 20 2024, Chidi ID#: 100896147 Cert End Date: Mar 20 2024, Alexandra ID#: 100895154 Cert End Date: Jun 8 2023

| 3.00 | LB | CHEESE - ALL AUTHORIZED |
|--------|--------|---------------------------------------|
| 3.00 | DOZ | EGGS - ALL AUTHORIZED |
| 108.00 | OZ | BREAKFAST CEREAL |
| 2.00 | JBC | BEANS OR PEANUT BUTTER |
| 1.00 | JBC | BEANS - DRY OR CANNED |
| 4.00 | LB | WHOLE GRAINS |
| 61.85 | \$\$\$ | FRUITS AND VEGETABLES - CASH VALUE |
| 28.00 | QT | SIMILAC NEOSURE RTF -EWIC- |
| 32.00 | OZ | WHOLE MILK YOGURT |
| 64.00 | OZ | NONFAT/LOWFAT YOGURT |
| 1.00 | GAL | WHOLE MILK - ALL AUTHORIZED |
| 6.00 | GAL | 1% AND FAT FREE MILK - ALL AUTHORIZED |
| 2.00 | CTR | JUICE - 48 OZ. 11.5-12 OZ |

You can anticipate receiving the following WIC foods for May 21, 2023 to June 20, 2023.

However, if the WIC status of a household member changes before the benefits are available, the foods you receive may also change.

Emmanuel ID#: 300999941 Cert End Date: Dec 8 2023, Christian ID#: 100896881 Cert End Date: Mar 20 2024, Chidi ID#: 100896147 Cert End Date: Mar 20 2024, Alexandra ID#: 100895154 Cert End Date: Jun 8 2023

| 3.00 | LB | CHEESE - ALL AUTHORIZED |
|--------|--------|---------------------------------------|
| 3.00 | DOZ | EGGS - ALL AUTHORIZED |
| 108.00 | OZ | BREAKFAST CEREAL |
| 2.00 | JBC | BEANS OR PEANUT BUTTER |
| 1.00 | JBC | BEANS - DRY OR CANNED |
| 4.00 | LB | WHOLE GRAINS |
| 94.00 | \$\$\$ | FRUITS AND VEGETABLES - CASH VALUE |
| 28.00 | QT | SIMILAC NEOSURE RTF -EWIC- |
| 32.00 | OZ | WHOLE MILK YOGURT |
| 64.00 | OZ | NONFAT/LOWFAT YOGURT |
| 3.00 | GAL | WHOLE MILK - ALL AUTHORIZED |
| 6.00 | GAL | 1% AND FAT FREE MILK - ALL AUTHORIZED |
| 2.00 | CTR | JUICE - 48 OZ. 11.5-12 OZ |
| 4.00 | CTR | JUICE - 64 OZ |

DOUGLASVILLE WIC CLINIC WIC Clinic

WIC PHONE NUMBER: (770) 514-2389



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| Your Household's Future WIC Appointments-Please call if you need a new day or time | | | | |
|--|----------------|----------------|-----------|--|
| Day and Time | Who for? | What to bring? | What for? | |
| June 16, 2023 08:45 AM | EMMANUEL ONWU | | HR F/U | |
| June 16, 2023 09:00 AM | CHIDI ONWU | | CLASS | |
| June 16, 2023 09:00 AM | CHRISTIAN ONWU | | CLASS | |